

No Matter What

September 3rd, 2023

Part 1: How to Fight Well

How Can I Fight Fair with my Family?

1. Never touch each other in anger!

He must not be violent. (1 Timothy 3:3, New Living Translation)

He must not be violent. (Titus 1:7, NLT)

Your wife. . . . may be weaker than you are, but she is your equal partner in God's gift of new life. Treat her as you should so your prayers will not be hindered. (1 Peter 3:7b, NLT)

2. Take time to cool off.

When you are angry, do not sin and be sure to stop being angry before the end of the day. (Ephesians 4:26, New Century Version)

Do not give the devil a way to defeat you. (Ephesians 4:27, NCV)

3. Choose to fight in private.

If another believer sins against you, go privately and point out the offense. If the other person listens and confesses it, you have won that person back. (Matthew 18:15, NLT)

4. Make it your goal to understand— not to win.

You husbands must give honor to your wives. Treat your wife with understanding as you live together. (1 Peter 3:7a, NLT)

All of you should be of one mind. Sympathize with each other. Love each other as brothers and sisters. Be tenderhearted, and keep a humble attitude. (1 Peter 3:8, NLT)

5. Deal with the issue at hand.

[Love] keeps no record of being wronged. (1 Corinthians 13:5, NLT)

- Don't use, "Always" or "Never."
- Use "I feel" statements.

"When you said/did _____, I felt _____."

6. When necessary, get a referee.

But if you are unsuccessful, take one or two others with you and go back again, so that everything you say may be confirmed by two or three witnesses. (Matthew 18:16, NLT)

Let all that you do be done in love. (1 Corinthians 16:14, English Standard Version)